

The Journey From Diapers To Underwear



When is a child ready to make the transition from diapers to underwear?

- ▶ The child should have an interest in wearing underpants
- ▶ The child should have an interest in sitting on the potty
- ▶ The child should show signs of being developmentally ready by demonstrating the ability to:
 - use verbal language to communicate with teachers
 - be aware of pertinent bodily functions (for example using gestures)
 - self-dress to some extent
 - follow simple directions

We will:

- ▶ Give your child opportunities throughout the day to sit on the toilet even before beginning toilet training
- ▶ Allow your child opportunities to pattern his or her behavior after children who are toilet trained
- ▶ Provide your child with words associated with potty training
- ▶ Provide your child with opportunities to work on self help skills, offering assistance when needed
- ▶ Inform you weekly about your child's progress (or making the decision to attempt potty training at a later date).

An Effort in

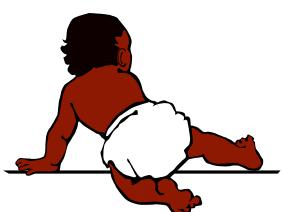
Partnership

The role of the parent:

- ▶ Communicate with your child's teachers if your child is showing interest in sitting on the toilet at home.
- ▶ Communicate with the teacher if your child shows signs of wanting to discontinue potty training.
- ▶ Communicate with your child's teacher what terminology you use at home (for example: pee, poop, BM, defecate, caca, shi-shi).
- ▶ Communicate with your child's teachers concerns that you may have about potty training.
- ▶ Make sure that you provide enough labled, easy to remove, clothing while your child is in training
- ▶ Find out your child's class routine so that you can be consistent at home.
- ▶ Don't get frustrated with accidents (remember your child is "in training").
- ▶ Let your child pick out his own underwear.
- ▶ Make sure that you bring your child to school with underwear on (over diapers is ok).
- ▶ BE PREPARED for the extra laundry you will need to wash in the beginning of training
- ▶ Celebrate successes with extra hugs, kisses, stickers, etc.

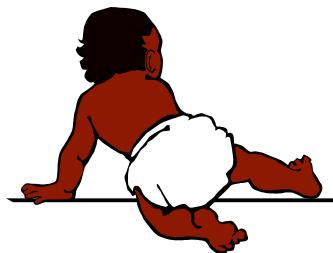
Important Don'ts:

- ▶ Don't compare your child to another child. Every child's progress is different.
- ▶ Don't force your child to go to the bathroom.
- ▶ Don't use negative words when your child has an accident.
- ▶ Don't send your child to school in pullups or ask us to use them.
- ▶ Don't send your child to school in clothing that is difficult to get on and off (such as onesies).

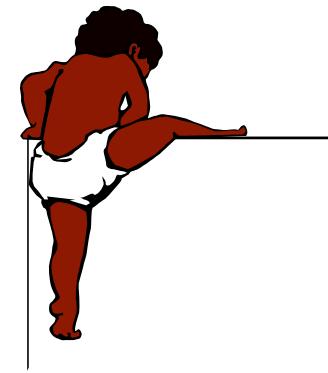


At His Growing Grove we believe that "Potty Trained" is a learned behavior. Our goal is to work with parents to make potty training a fun and exciting experience for your children. We will take every possible step to help your child make the bridge from diaper to underwear by:

- ▶ Giving your child opportunities throughout the course of the day to sit on the toilet even before beginning potty training
- ▶ Allowing your child opportunities to model behavior after other children who are fully potty trained.
- ▶ Providing your child with words associated with potty training when needed
- ▶ Providing your child with opportunities to work on self help skills and assisting when needed
- ▶ Informing you about your child's progress in potty training (or in making the decision to attempt potty training)



From Diapers to Underwear: Potty Training at His Growing Grove



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